

Breakthrough Saturday™ is a unique live event that helps people who want to get unstuck, and have a clear path and direction for their life take automatic action without using willpower in one day without not knowing what to do, being held back by existing beliefs, habits, and patterns, or a lack of encouragement and support so they can take control of their time and life.

## PART 1

### WHERE



### 1. Belief Breakout

Understand where you really are in life without the limiting beliefs, stories, and unempowering patterns from the past that are holding you back.



### 2. Resource Source

Uncover more and exciting options for your life without being held back by the things you currently don't have



### 3. Roadblock Removal

Build beliefs that empower you to take control of your time and life by removing accumulated patterns from the past that are blocking you.

## PART 2

### WHAT



### 4. Priority Party™

Create effortless motivation that doesn't require willpower and overcomes lack of focus and direction.



### 5. Time Warp™

Overcome inaction because you can make and implement quality decisions easily without the frustration of flip flopping.



### 6. The Real You

Build your true identity that provides automatic discipline and motivation. without lack of self control.

## PART 3

### WAY



### 7. Dream Machine

Imagine the big picture goals that will create excitement in your life without being trapped by small dreams.



### 8. Method Madness

Ignite your success with a complete set of written goals and strategies that are in alignment with your identity and priorities.



### 9. Action Traction

Program your unconscious mind to automatically achieve your goals without procrastinating or quitting before you are done.